Crazy Over You Author Q&A – questions posted by followers on Facebook:

What inspired you to write your first book?

I was always interested in writing and have kept notebooks at various times in my life. In 2012 I was taking a break from teaching (I'm a primary school teacher) dug out a notebook that I felt had potential to be made into a story and decided it was time to give it a go. I made a start and just kept going until it was a story I was proud of and wanted to share.

How did you come up with the title, Crazy Over You?

My book addresses love, lust, loyalty and living happily ever after in a long-term relationship. I think most relationships go through phases; there are times when you can feel completely crazy, head over heals in love, and times when you can feel aspects of your partner or relationship might literally drive you crazy. I wanted a title that would reflect that. From the moment it popped into my mind Crazy Over You felt right.

While you are writing about emotions in the book such as love and infidelity do you find your own mood changes to happy or sad or upset etc.?

In short yes. I become quite involved with my story and what's happening to my characters, I think that is part of the fun of writing, you can lose yourself in the drama and you get to decide the outcome, even if sometimes that outcome might not be the one you originally expected.

Are your characters based on anyone you know?

I like to observe people, their traits, habits and what motivates them. While my characters are all fictional some people I know have identified with aspects of them. I think that is understandable, it is something people do as they read even when they don't know the author.

Will there be a Crazy Over You 2?

At the moment it is a stand-alone book, though there are characters in it I love and one day might like to explore further.

What inspired you to write Crazy Over You?

It was a story I felt I could tell. I had read other stories about infidelity, one of the main themes of the book, and felt I had something different to offer.

Did you have the whole story planned out from beginning to end when you started writing, or did the characters take on lives of their own and do unexpected things?

I had planned the beginning, a rough outline of the middle and I knew the ending. Some chapters that appear much later in the book were written early on, as I knew there were certain scenes I wanted to include. But generally I planned forthcoming chapters as I went along, brainstorming where the story and characters were going and adjusting ideas as the story dictated. It was interesting how writing one chapter might lead on to another that I hadn't originally anticipated. I liked that. It was exciting to venture into places I hadn't expected.